Lyppard Grange Primary School

Family Help

2026-2027

Support for Children and Families

Introduction to Early Help at your setting

Key Personnel and job roles
Head Teacher - Mrs Thorp Deputy Head Teacher and DSL- Dave Groves SENDCo and Mental Health First Aid -Mrs Edwards Pastoral support TA- Amy Graver School Nurse- Charlotte Parker

Our Early Help Offer

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at Lyppard Grange Primary School means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

The coordinated Lyppard Grange Primary School offer of Early Help is outlined in the table below. We believe that early interventions for children and families, in many cases, will prevent needs from escalating into statutory services.

All of our school staff are aware of the Lyppard Grange Primary School offer of early help. At all times, staff should consider if there is any offer of early help that we can make in order to help a child thrive through using the Early Help Pathway.

We also liaise with other agencies and people within the local community. In the table below are some national organisations that can support children, young people and their families.

Ways in which we provide Early Help

Pupil Voice	This is a very important aspect of our school. We have a very active Pupil Leadership Team (School Council), as well as Eco-Councillors, IT leaders, Library Monitors, Sports Leaders, Playground Friendship Leaders and Anti Bullying Ambassadors. Children regularly report back to senior staff and their own classes about what is happening in school to ensure ideas are shared and voices are heard. In lessons, children are taught to speak openly about their emotions. Each of our classrooms has a “I wish you knew” box, through which children can share anything that is worrying them. Our children know our staff take all their concerns very seriously. We encourage all children to have a helping hand of five – which is a way of remembering the five people who they can turn to for help. Behaviour in school is underpinned by a Positive Relationships Policy which form the basis of all work with children in school. E-Safety is a very important part of our work and features in computing lessons throughout the year for all children. The NSPCC leads an assembly for the whole school about keeping safe and provides workshops for our Y5 and 6 pupils Our Nurture Room is available for pupils to have quiet time / small group activities Nurture time and additional interventions are provided for pupils who need support Our Pastoral TA, is on hand to support any child who has difficulties affecting their emotional well being

	A small nurture group is provided at lunchtime for pupils who need a quieter / calm environment, this is a chance to model key social interaction skills – turn taking, table manners, speaking and listening Olivia's Garden is a quiet calm natural environment available to children who find playground life a little overwhelming. After School Clubs to encourage children to increase their skills and interests All of teaching and support staff are trained in supporting children's mental health and wellbeing. Our staff are trauma responsive and are able to support and guide children and parents experiencing difficulties. Our Head teacher and SENDCO are trained in Mental Health First Aid, and Trauma response, and our SENDCO leads on Mental Health Support for children in school. Our school has a range of Bereavement Resources to support children and families experiencing bereavement and loss.
Parent/ Carer Support	Members of SLT are readily available before and after school to support parents/carers and signpost them to appropriate professionals Our SENDCo, Mrs Edwards, is available to support children and parents/carers and refer them onto external agencies. Our Pastoral support TA provides advice and support to parents/carers on how to best support their children. Our DSL and Deputy DSLs are available to listen and respond to parents' and carers' concerns. They can provide suggestions for next steps and will liaise with other agencies to promote and protect the welfare and safety of children.
Our Early Help offer in the event of school closure	If school is closed to most pupils due to lockdown, we have a designated email address which can be used to access support or raise concerns: safeguardingteam@lyppardgrange.worcs.sch.uk Parents/Carers can also telephone school to speak to staff to be signposted to the support and help they need in a variety of ways. Class-teachers and our SENDCo make regular contact by telephone to check in on key pupils and parents who are known to be finding things particularly difficult. Staff make home visits where contact from children and families is a cause of concern. We have actively promoted the Worcestershire Children First resources to parents. We are using Jigsaw to promote PSHE during the Covid 19 restrictions.

	Our recovery/return to school curriculum prioritises children's mental health and emotional well-being, recognising that good mental and wellbeing underpins successful learning.

Local Services

Please include information on the services available in your local area / district…

Family Hub – Lyppard Hub	What's on during the school holidays? (e.g. Ready, Steady, Worcestershire, youth groups, clubs and activities) Lyppard Hub is a community centre in the heart of Warndon Villages, Worcester. We are home to over 60 different groups and activities, including the following centre-run community projects: Baby & Me new parent support group Community Cafe Tea & Support dementia support group Walking for Health Bereavement Cafe Lyppard Little Uns Parent and Toddler Groups Lyppard Crafters art and craft group Children's Clothing Exchange Youth Club Book Club Gardeners Exchange There are lots of activities for all ages and stages of life, from sports to crafts and interest groups, there is something for everyone, so do pop in to the centre or visit our website for more information. http://www.lyppardhub.co.uk info@lyppardhub.co.uk Lyppard Hub Ankerage Green Worcester WR4 0DZ
Youth and Community Centre – Warndon Community Centre	http://www.worcestercommunitytrust.org.uk/hire-our-hubs/warndon hub Warndon Community Centre Shap Drive Worcester Worcestershire WR4 9NX **Foodbank** If you find yourself in a position where you are unable to provide adequate meals for your children please contact the local foodbank - https://worcester.foodbank.org.uk/

Early Help Family Support District Team Worcester, Early Help Family Support Team contact number: **01905 843339** Team email address: FamilySupportWorcester@worcschildrenfirst.org.uk	Please ask for the team duty worker when calling. We will always try and speak to you the same day so please leave your best contact number if the duty worker is not available immediately at the time of your call or alternatively let us know a working day or time when you will be available for a call. If we are not able to assist with your request for whatever reason or we know of a different service that is more appropriate for you or can help you then we will always offer you this advice to you for your consideration. Alternatively if you would make an online request for family support use the following link: https://www.worcestershire.gov.uk/council-services/childrens-services/early-help-family-support **Library** Warndon Library The Fairfield Centre Carnforth Drive Worcester WR4 9HG Telephone 01905 822722 Email WarndonLib@worcestershire.gov.uk Library Manager Emma Powell Facebook https://www.facebook.com/Warndon-Library-306623952772656/The Fairfield Centre
Virtual Family Hub	Worcestershire have developed this virtual family hub to give you a range of different types of resources to help to support you and your family. https://www.worcestershire.gov.uk/council-services/childrens-services/virtual-family-hub
Harmony at Home	Harmony at Home is Worcestershire's approach to the Reducing Parental Conflict (RPC) initiative in partnership with the Department for Work and Pensions (DWP) and organisations from our multi-agency Reference group. Parental conflict, which can range from a lack of warmth and emotional distance, right through to swearing and shouting, is known to be a risk factor for poor child outcomes, particularly when conflict is frequent, intense and poorly resolved. There is growing understanding and awareness of the need to address and

	reduce parental conflict that sits below a domestic abuse or violence threshold. https://www.worcestershire.gov.uk/council-services/childrens-social-care/virtual-family-hub/harmony-home
The Anna Freud Centre for Children and Families	The Anna Freud Centre for Children and Families have created these #SelfCareSummer packs for primary and secondary school children. These packs feature a range of creative activities based on self-care strategies that other young people have found useful in helping them stay mentally healthy. They also signpost young people and their families to additional support, including the Anna Freud Centre crisis messenger text service. To access the resources, please click the link below: https://www.annafreud.org/schools-and-colleges/resources/my-self-care-plan-primary/
Starting Well	The Starting Well service has a parenting and community team that can offer online and telephone support for parents, as well as parenting courses. The parenting team can offer 1-1 parenting advice over the phone as well as virtual parenting groups around issues such as support with children's behaviour, anxiety, eating and sleeping routines etc, and can also signpost to agencies that can support parents in their own community. In addition to this, the parenting team can also support parenting to complete Solihull Approach online, as well as Birth and Beyond for expectant parents. https://www.startingwellworcs.nhs.uk/
School Health Nurse Service	The service offers a variety of support for Children and Young People. It provides support and guidance to schools regarding public health issues, brief interventions and health promotion such as smoking, emotional health and well-being needs. They influence and champion health promoting activities and programmes both in and out of school and work closely with other professionals and local communities. They can be contacted at: Worcester City: Henwick Halt Medical Centre 01905 681909
Reach4 Wellbeing	The Reach4Wellbeing Team aims to promote positive wellbeing, reach Children and Young People in their communities and reduce

	the stigma of mental health. They currently provide short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood. whcnhs.reach4wellbeing@nhs.net
Supporting happy parental relationships	We recognise that during Covid 19 parental relationships may be under pressure for several reasons, whether parents are living together in the family home or not. This website contains a range of self-help information and links to support. https://www.worcestershire.gov.uk/council-services/childrens-services/virtual-family-hub/relationship-support
Parenting support Family Learning Courses	The local authority provides a range of courses to support parents and families. These can be found at: https://www.worcestershire.gov.uk/council-services/childrens-services/virtual-family-hub/parenting-support
HAF	HAF is a Department for Education (DfE) funded programme aimed at enabling children and young people in receipt of benefits-related free school meals (FSM) to attend school holiday activities and experiences during Easter, summer and Christmas. https://www.worcestershire.gov.uk/council-services/childrens-services/virtual-family-hub/holiday-activities-and-food-haf-programme/what-haf-programme
WORCESTER FOODBANK	We don't think anyone in our community should have to face going hungry. That's why we provide three days' nutritionally balanced emergency food and support to local people who are referred to us in crisis. We are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK. https://worcester.foodbank.org.uk/
Dawn Project	DAWN is a free, confidential, non-judgemental support service for any individual who lives in Wychavon, Malvern Hills and Worcester City and is experiencing, or has experienced, domestic abuse. https://www.worcestercommunitytrust.org.uk/dawn/
Inclusion in Educational Settings	These pages are aimed at promoting and supporting Inclusion and Inclusive practice in Worcestershire's educational settings. Here you will find information about different areas of need, how to identify them, what universal strategies you can put in place in

	your educational setting and where to go to find out more about services that may be able to provide further help and support. https://www.worcestershire.gov.uk/worcestershire-education-and-early-years-services/inclusion-educational-settings

Early Help Family Support Service:

The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker. For more information, please visit: Worcestershire Children First Early Help Family Support Service | Worcestershire County Council

Health (including mental health, emotional wellbeing, and sexual health)

The Starting Well Partnership offers a range of health services which support both children and families experiencing a range of health issues.

Worcestershire Health Visiting Service | Starting Well (startingwellworcs.nhs.uk)
If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the Telephone Advisory Service on 0300 123 9551 (Monday – Friday 9am til 3pm). A Health Visitor will assist you over the phone with any worries, concerns, or questions you have.

School Health Nursing | Starting Well (startingwellworcs.nhs.uk)
School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.

Text service supporting young people | Starting Well (startingwellworcs.nhs.uk)
Chat health is a free and confidential text service for young people in need of advice or support
To confidentially contact your school nurse, text: 07507331750

Social Prescribing: Onside Advocacy, Worcestershire (onside-advocacy.org.uk)
Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

CAMHS | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)
CAMHS provides mental health help to children, young people and their families across Herefordshire and Worcestershire

Home - Kooth
Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)
The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by

providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

Papyrus UK Suicide Prevention | Prevention of Young Suicide (papyrus-uk.org)
Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

Home | Healthy Minds (whct.nhs.uk)
Healthy Minds' 24/7 mental health helpline provides support or advice if you, or someone you know, is experiencing a mental health crisis and needs urgent help. Its available 24 hours a day to anyone in Herefordshire and Worcestershire.

Winston's Wish - giving hope to grieving children (winstonswish.org)
Winston's Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

Sexual Health Know Your Stuff | Sexual health | Worcestershire County Council
Worcestershire Integrated Sexual Health Service (WISH) | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)
WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

Under 21 Saturday Service - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - Please call: 01905 681673 for further details.

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at www.knowyourstuff.nhs.uk. The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services.

Free STI test kits and contraception: SH:24 Free Home STI STD Test | Sexual & Reproductive Health (sh24.org.uk)

Bullying (including Cyberbullying)

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.

The following links will provide you with more information if you or someone you know is being bullied:
Bullying Worcestershire County Council
Kidscape | Resources and Publications

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- Think U Know | Information for parents
- Online safety | Barnardo's (barnardos.org.uk)
- Educate Against Hate
- www.internetmatters.org
- BBC | 8 tips for staying safe online

Sexting is the sending or receiving of sexually explicit images, videos or conversations online.
Sexting and sending nudes | NSPCC
Think U Know | Parents Sexting Guide
Talk PANTS and help keep children safe

Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

- Healthy relationships | NSPCC

- Challenges at home: Harmony at Home – information and support for parent carers | Worcestershire County Council

- CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. https://www.westmerciawomensaid.org/services/children-and-young-people-services/crush/

- Relationships | The Family Hub | Worcestershire County Council

Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

Childline - Friends, relationships and sex (opens in a new window)

Disrespect Nobody - Signs to spot (opens in a new window)

NHS Choices - How to talk to your child about sex (opens in a new window)

NHS Choices - Sex and young people (opens in a new window)

SEND (Special Educational Needs and/or Disabilities)

At Lyppard Grange we have adopted inclusive practice and in order to help children who have an SEND, we use the graduated approach (Assess, Plan, Do, Review) outlined in the New Code of practice, which encompasses an array of strategies.

Wave One Quality Inclusive teaching that takes into account the learning needs of all the pupils in the classroom. It includes providing differentiated work and creating an inclusive classroom."

Wave 2 – SEN Support specific intervention within the classroom

Wave 3 – SEN Support – including more specialist provision. Where a child is still finding it difficult to

If you are looking for information or advice the following links will help you:

SEND Local Offer | Worcestershire County Council or contact localoffer@worcschildrenfirst.org.uk

SEND Information, Advice, Support Service SENDIASS Worcestershire and Herefordshire (hwsendiass.co.uk)

Social care support for children with disabilities | Worcestershire County Council

Parenting support

Health and wellbeing

SEND Local Offer

Housing and finances

The Online Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

The Family Hub | Worcestershire County Council

Relationships

Early Help Family Support

GET SAFE

Early Help Booklet

Early Help in Worcestershire have created a booklet to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.
To download this booklet, please visit: The Family Hub | Worcestershire County Council

Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.
Worcestershire Young Carers/Shropshire Young Carers | YSS

Carers | Worcestershire County Council

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

Job Centre Plus,

Worcester Job Centre Plus, Haswell House, Sansome Street, Worcester, WR1 1UZ
Telephone: 0845 6043719

Citizen's Advice Bureau Worcester Citizens Advice Bureau and WHABAC (Worcester Housing and Benefits Advice Centre) (citizensadviceworcester.org.uk)

Building Better Opportunities is a service to help local people move closer to employment. Building Better Opportunities (fusionworcs.co.uk)

For information on what financial and housing support is available in Worcestershire, please visit:
Housing and finances | The Family Hub | Worcestershire County Council

Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: Parenting groups | Starting Well (startingwellworcs.nhs.uk)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.
Parent Talk - Support for Parents from Action For Children

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.
Home-Start | South Worcestershire (home-startsw.org.uk)

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams: Family Information Service | Worcestershire County Council

Substance Misuse

Swanswell - Cranstoun

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. Here4YOUth Worcestershire - Cranstoun

Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.
NICCO

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: Families First | YSS

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit Get Safe for help and information.

If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.