

PSHCE Piece 1 Celebrating difference.

Activity 1

Write a spontaneous answer to the following sentence starters;

E.g. Men are really strong (is this always true?)

- Boys are
- Girls are...
- Police officers are ...
- Rich people are...
- Sporty people are...

Do you think you have written sentences that are always true, sometimes true or never true?

Activity 2

Choose one of the photos and answer the following questions about them, what do you think?

1. How old am I?
2. What is my favourite food?
3. What is my hobby?
4. A secret interest they have.



Have a think about your answers,
what made you think these would be
the answers?

Have you assumed correctly... lets see...



On the next page are the answers!

Boy

1. I am 7 years old.
2. My favourite food is pizza.
3. My hobby is painting. I have always loved art and my mum is a professional artist.
4. I am vegetarian.

Girl

1. I am 8 years old.
2. My favourite food is spaghetti bolognese.
3. My favourite hobby is football.
4. I am captain of the school football team.

Disabled person

1. I am 24.
2. My favourite food is curry and rice.
3. My hobby is basketball.
4. I am a professional basketball player. I have always loved basketball from when I was a child and learnt to play in a wheelchair basketball team from the age of 7.

Mature person

1. I am 74.
2. My favourite food is roast chicken and roast potatoes.
3. My hobby is swimming and parachuting.
4. I was in the county team for swimming when I was at school.

Were any of your answers correct?

This activity teaches us that we don't really know anyone until we get to know them and their interests and that we can't assume anything about anyone!



Now lets pause!

Have a moment to stop, take some gentle, deep breaths and look inside to identify your thoughts and feelings right now in this present moment.