

Year 1 Forest School

Dear Parent/Carer,

Forest School for Year 1 children will take place every other week on a Thursday afternoon. On Forest School days, children should come to school dressed in their Forest School clothes (school uniform is not required). Please also provide a set of *named* spare clothes in a *named* plastic bag, in case your child needs to change afterwards.

As the sessions run throughout the autumn and winter months, it is important that children are dressed warmly and appropriately. For the bottom half please provide a pair of old trousers and some pyjama bottoms/leggings/tights, three or four layers for the top half such as a vest, a long-sleeved T-shirt and a jumper, as well as a warm coat. In addition, we suggest at **least two pairs of socks**, a hat and gloves (no scarves for safety reasons). They will need a waterproof coat, waterproof over trousers and some waterproof footwear such as wellington boots or snow boots.

Forest School takes place in all weathers, except in cases of lightning storms, high winds or torrential rain. To ensure your child can take part fully and enjoy the experience, please make sure they have their complete named kit for every session.

As the Forest School motto reminds us:

“There is no such thing as inappropriate weather, only inappropriate clothing!”

Dates for the Autumn Term Year 1 Forest School sessions:

- 18th September 2025
- 2nd October 2025
- 16th October 2025
- 6th November 2025
- 20th November 2025
- 4th December 2025

If you have any questions, please don't hesitate to speak to your child's class teacher.

Many thanks for your support,

Katherine Grindrod
Forest School Leader