



## **Year 1 Forest School**

Parent/Carer,

As you may already be aware, your child will be continuing to take part in Forest School in Year 1. This year the children will undertake Forest School sessions every Thursday starting on Thursday 12th September alternating mornings and afternoons.

In Year 1, children continue to come to school dressed ready for Forest School (**school uniform is not to be worn on Thursdays**). Please bring **named spare clothes in a named plastic bag in case they need to change after Forest School**.

As your child will be participating in Forest School during the winter months, they will need at least two layers. For the bottom half please provide a pair of old trousers and some pyjama bottoms/leggings/tights, three or four layers for the top half such as a vest, a long-sleeved T-shirt and a jumper, as well as a warm coat. In addition, we suggest at **least two pairs of socks**, a hat and gloves (no scarves for safety reasons). They will need a waterproof coat, waterproof over trousers and some waterproof footwear such as wellington boots or snow boots.

Your child will be taking part in Forest School whatever the weather (with the exception of lightning storms, high winds or torrential rain) so please make sure they bring the **full named kit to all sessions** otherwise the Forest School experience is not as enjoyable.

The Forest School motto is: **“There is no such thing as inappropriate weather, only inappropriate clothing!”**

During our Forest School sessions children have time for a drink and snack; please can children bring their own named snack and drink to take out to Forest School for the morning session. This can be more substantial than their usual fruit and water snack, to sustain them through the outdoor session, such as a brioche and a milk shake. If sending in a warm drink, please ensure it is cool enough for your child to drink safely.

The morning dates until half term are:

**12<sup>st</sup> September, 26<sup>th</sup> September, 10<sup>th</sup> October, 24<sup>th</sup> October**

If you have any questions regarding any aspect of our Forest School sessions, please talk to your child's class teacher.

Many thanks,

Katherine Grindrod